



ROSEOLA

What is roseola?

- Roseola is a mild childhood rash, caused by human herpes virus 6 (exanthem subitem)

What are symptoms that could occur?

- Sudden onset of fever, sometimes as high as 106 degrees
- Fever is followed by a rash-small separated rose-pink spots
- Duration of fever and rash is typically 3-5 days

How is it spread?

- The mode of transmission unknown
- Almost all children have been infected by age 4
- Symptoms usually appear 5-15 days after exposure
- The contagious period for roseola is unknown, but is probably greatest when fever is present and until rash is gone

How is it diagnosed and treated?

- Primary care provider evaluation and laboratory work
- Treatment is aimed at relief of symptoms

How can it be prevented?

- None known

Should the sick child be isolated?

- Sick children should be kept in a secluded area

When can the child return to day care or school?

- When recovered and feels well

Should schools do special cleaning?

- Special cleaning is not necessary. Routine cleaning with EPA approved products is recommended.

If I have any other questions, whom can I contact?

- Call the Genesee County Health Department at 257-3612

This fact sheet is for information only and is not meant to be used for self diagnosis or as a substitute for consultation with a health care provider. For more information, call your health care provider.