



MUMPS

What are mumps?

- Mumps is a disease of the lymph nodes caused by a paramyxovirus

What are symptoms that could occur?

- Fever
- Headache
- Muscle aches
- Painful swelling of the lymph nodes close to the jaw
- Symptoms occur an average of 18 days after exposure, with a range of 12-26 days

How is it spread?

- Easily spread by nose, throat and mouth droplets from coughing and sneezing
- Mumps is contagious as long as 7 days prior to start of swelling up to 9 days after

How is it diagnosed and treated?

- Primary care provider evaluation and possible laboratory work
- Treatment is aimed at relief of symptoms

How can mumps be prevented?

- By receiving mumps vaccination
- **All** children attending day care and school are required to have 2 doses of mumps containing vaccine (MMR).

Should the sick child be isolated?

- Yes
- The child should be sent home with suspicion of mumps
- The school should notify the Genesee County Health Department (GCHD) at **257-1017** immediately of a reported case of mumps
- The school should provide the students vaccine history to the Health Department at reporting time
- The school is required by law to exclude those children with only 1 or no documentation of MMR from attending daycare or school
- The GCHD will notify the school when and if the case is confirmed and provide guidance

When can the child return to day care or school?

- When temperature is normal and swelling is gone

Should schools do special cleaning?

- Special cleaning is not necessary. Routine cleaning with EPA approved products is recommended.

If I have any other questions, whom can I contact?

- Call the Genesee County Health Department at 257-3612

Genesee County Health Department
630 S. Saginaw Street
Flint, Michigan 48502
www.gchd.us

When can the child return to day care or school?

- Upon recovery of symptoms with a minimum 7 days

Should schools do special cleaning?

- Special cleaning is not necessary. Routine cleaning with EPA approved products is recommended.

If I have any other questions, whom can I contact?

- Call the Genesee County Health Department at 257-3612

This fact sheet is for information only and is not meant to be used for self diagnosis or as a substitute for consultation with a health care provider. For more information, call your health care provider.

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