



CAMPYLOBACTERIOSIS

What is campylobacteriosis?

- Campylobacteriosis is a disease of the intestine caused by bacteria of the genus *Campylobacter jejuni* or *C. coli*

What are symptoms that could occur?

- Diarrhea
- Abdominal pain
- Nausea
- Vomiting
- Possibly fever

How is it spread?

- It is typically not spread from person to person
- If large amounts of diarrhea are present an infected person can spread the disease to other people which may last from several days to several weeks
- Contact with infected pets. Puppies, kittens, other pets, swine, sheep, rodents and birds may also be sources of human infection
- By eating food contaminated with the bacteria, typically undercooked meat, raw milk or contaminated water
- Usually lasts 2-5 days

How is it diagnosed and treated?

- Primary care provider evaluation and laboratory cultures
- Most infections are mild and resolve on their own
- Encourage fluids
- In severe cases, antibiotics may be given

How can campylobacteriosis be prevented?

- Wash hands with soap and water before and after handling raw foods of animal origin, especially poultry
- Thorough cooking of all poultry and other foods of animal origin
- Use separate cutting surfaces for meats and other foods, or wash thoroughly between uses
- Use pasteurized milk and milk products
- Do not drink water from unsafe or unknown sources
- Food-service workers or day care workers should report illnesses to their supervisor and not return to work until the illness is gone with permission from the primary care provider
- Hand washing after contact with pets or animals and also their feces
- Take care of pets; provide them with proper veterinary care

Should the sick child be isolated?

- Persons infected need not be isolated from other people
- Groups of cases in a school or day care should be reported immediately to the Health Department at **257-1017**

Genesee County Health Department
630 S. Saginaw Street
Flint, Michigan 48502
www.gchd.us

When can the child return to day care or school?

- When free of symptoms

Should schools do special cleaning?

- Special cleaning is not necessary. Routine cleaning with EPA approved products is recommended.

If I have any other questions, whom can I contact?

- Call the Genesee County Health Department at 257-3612

This fact sheet is for information only and is not meant to be used for self diagnosis or as a substitute for consultation with a health care provider. For more information, call your health care provider.

5/27/2004